

01 BODY SCULPTING

TARGETED CONTOURING WITHOUT SURGERY.

Controlled cooling helps target localized fat while thermal shock supports a smoother, more contoured appearance over a series of treatments.



POPULAR AREAS

- Abdomen + waist
- Thighs + arms
- Back + bra-line areas
- Jawline, neck + facial areas

Goal: a slimmer, smoother, more sculpted appearance.

02 THERMAL SHOCK

COLD. HEAT. CONTROLLED RESPONSE.

ExoFreeze 2.0 alternates cold and heat in a temperature-controlled sequence to support body sculpting, skin tightening, lymphatic drainage and post-treatment recovery.

-18C
Cooling

45C
Heating

EMS
Toning



BOOK A TREATMENT SERIES

Ask your med spa team about availability.

03 CRYOFACIAL + SKIN

LIFT THE LOOK. BRIGHTEN THE FINISH.

Cryofacial applications support a refreshed look around the face, neck and jawline while cold stimulation helps promote collagen activity and a firmer-looking finish.

WHY CLIENTS LOVE IT

- Non-invasive and no needles
- Designed for body + face
- Pairs well with wellness routines
- Comfortable, customizable sessions
- Supports smoother-looking skin



NOVA 
HEALTH AND
WELLNESS CENTER

Individual results vary. ExoFreeze 2.0 treatments are not a substitute for medical care, nutrition, exercise, or diagnosis/treatment of medical conditions.